



TyneCoastCollege

COVID-19 FAQ

DO I NEED TO WEAR A FACE COVERING BEFORE ENTERING COLLEGE?

- Yes, you **MUST** wear a face covering before entering the college premises and it must be worn in all communal areas, unless you are legitimately exempt.
- It must cover your mouth and nose at all times.
- You will be questioned by a member of staff if you fail to abide by the rules as it's important for your and others safety.

WHAT HAPPENS IF I AM EXEMPT FROM WEARING A FACE COVERING?

- If you are exempt, the college will provide you with an orange wristband so you can be easily identified.

WHAT IF I AM SHOWING SIGNS OF COVID?

- If you or a member of your household has any symptoms of Coronavirus, you **MUST NOT** come in to college. You **MUST** arrange to get a test immediately and advise your tutor.

WHAT HAPPENS IF I FORGET MY MASK?

- We strongly recommend you bring your own face covering or mask into college but if you do forget, please report to main reception straight away on arrival and we will be able to supply on that occasion.

HOW DO I WEAR A FACE MASK CORRECTLY?

- Wash or sanitise your hands before putting it on
- Ensure the mask goes up to the bridge of your nose and all the way down under your chin
- Tighten the loops or ties so it's snug around your face
- Avoid touching your face, or the parts of the mask that cover your nose and mouth
- Wash or sanitise your hands before taking it off
- Use the ear loops to take the mask off and wash or sanitise your hands afterwards.

AM I REQUIRED TO WEAR A FACE COVERING IN CLASS?

- When entering your classroom, it is left to your own discretion whether you choose to continue to wear a face covering. Recent guidance states that it is recommended unless it interferes with the learning.

DO I NEED TO WEAR A FACE COVERING BEFORE LEAVING MY CLASSROOM?

- Yes, you **MUST** wear a face covering before leaving your classroom as you will be entering the main corridor.



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I'M WORRIED THAT COVID CASE ARE RISING, WHAT IS THE COLLEGE DOING TO KEEP US SAFE?

- We are closely monitoring Department of Public Health advice and it's more important than ever to follow social distancing to avoid the spread of infection including staying in your designated zones.

REMEMBER:

- Try to stay at least 2 metres (3 steps) away from anyone you do not live with (or anyone not in your support bubble)
- Wash your hands with soap and water often – do this for at least 20 seconds
- Use hand sanitiser gel (these are located around campus and in classrooms)
- Wash your hands as soon as you get home
- Cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze.
- Put used tissues in the bin immediately and wash your hands afterwards

DOES THE CURRENT LOCAL LOCKDOWN AFFECT ME?

- The college will remain open as usual and we are closely following the latest government guidance from Public Health England and you will be informed of any changes.
- It may mean that some classes move to virtual but you will be informed straight away in accordance with the latest guidance.
- It's extremely important that your contact details are up to date so we can contact you with the latest details following your course.

IS THE COLLEGE STILL OPEN?

- In line with recent government guidance, the college will remain open as usual.

WHAT HAPPENS IF I START TO SHOW SYMPTOMS WHEN IN COLLEGE, DO I INFORM A MEMBER OF STAFF OR GO STRAIGHT HOME?

- If this is the case, you must notify a member of staff as we will need some information from you
- If you normally travel home yourself and you are well enough to do so you will be told to go home from college and leave by the closest exit. You must ensure you wear your face mask and where possible, avoid using public transport.
- If you don't normally travel home yourself, or are too unwell to do so, we will take you to an isolation room where you can wait to be collected.
- When you get home you must arrange to get tested for coronavirus.

WHAT HAPPENS IF ONE OF MY CLASSMATES TESTS POSITIVE?

- First things, first – do not panic. This does not necessarily mean you will get COVID-19 though it does mean you are at risk.
- If we think you have had close contact (within 2 metres for more than 15 minutes, or within 1 metre for 1 minute or more) with the person who has tested positive you will be asked to go home and self-isolate for 14 days. Other members of your household do not need to self-isolate unless they develop symptoms
- **STAY HOME** – you must self-isolate for 14 days. Other members of your household do not need to self-isolate unless they develop symptoms.



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WHAT SYMPTOMS DO I NEED TO LOOK OUT FOR IF I THINK I HAVE COVID-19?

- If you have a high temperature – this could be if you feel hot to touch on your chest or back (you don't necessarily need to measure your temperature)
- A new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- A loss or change to your sense of smell or taste – this means you cannot smell or taste anything, or things smell or taste different to normal.

I'VE BEEN INSTRUCTED TO STAY IN MY ZONE AT COLLEGE, IS THIS STILL THE CASE?

- Classrooms and class areas are segregated into designated zones with own entrance/exit, toilets, water outlet and catering facilities.
- Routes between zones are blocked off with signage/barriers. You must stay within your restricted zone as instructed.

I'VE ARRIVING FROM ABROAD TO STUDY AT THE COLLEGE, DO I NEED TO SELF-ISOLATE?

- Students, staff and visitors coming from abroad should self isolate for 14 days unless government guidelines state otherwise i.e. within the Common Travel area or where Travel Corridors have been agreed.

IF I AM SELF-ISOLATING, CAN I COME BACK INTO COLLEGE WITHIN THE 14-DAYS?

If you are self-isolating because:

- you have been told to by NHS Test & Trace
- the College has told you to
- someone you live with has tested positive

then you **CANNOT** come into College within the 14 days.

If this is not the case and you are self-isolating because you have symptoms you must get tested, if the test is negative you can come into College.

ARE THERE ANY RULES THAT I MUST FOLLOW WHEN ARRIVE ON SITE EACH DAY?

Yes, you must follow our simple steps to keep you safe on campus:

1. Use the hand sanitiser immediately on arrival
2. Ensure you follow the directional signs for the area you are in.
3. Make your way straight to the classroom, following our signs.
4. Follow the rules for social distancing – there are posters and stickers all around college to support with this.
5. Wash your hands regularly throughout the day (all classrooms will contain hand sanitiser).



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I USE PUBLIC TRANSPORT, DO I NEED TO BRING A SPARE FACE COVERING?

- You CANNOT use the same face covering in college that you have used on public transport while travelling to college. Please bring a spare with you.

IF YOU HAVE A COLD, CAN I STILL COME INTO COLLEGE?

- Yes, if you have a cold you can still attend college. However, if you have a high temperature, a new continuous cough loss of taste and smell, you MUST NOT come into to college.

WHAT PLACES WITHIN THE COLLEGE WILL STUDENTS HAVE LUNCH? IS THE REFECTORY CLOSED OFF?

- Students will have lunch in their designated classrooms. The Refectory, Starbucks and Costa are all open, offering a takeaway menu only.